

Dr. Syed Awais Umar Bokhari (UK)

MBBS, BSc, MRCS England, FRCS Trauma & Orthopaedics
Honorary Lecturer at University of Central Lancashire
Senior Honorary Lecturer at Lancaster University
Diploma in Football Medicine

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Professional Summary:

I served as a Consultant Lower Limb Arthroplasty Surgeon at East Lancashire Hospitals NHS Trust from August 2019 until my resignation from the National Health Service and the Trust in February 2026. During this period, I delivered a high standard of specialist hip and knee arthroplasty care, supported by a twelve-month fellowship at the internationally renowned Wrightington Hospital and extensive subspecialty training.

Since leaving the NHS, I have continued to practise as an independent surgeon, working both freelance and through my private companies, The Lancashire Hip Clinic and The Lancashire Knee Clinic. I remain committed to providing exceptional, patient-centred care across the full spectrum of lower limb arthroplasty and soft-tissue knee surgery.

I graduated from King's College London with a BSc in Human Biology (2002) and MBBS (2007), subsequently completing national specialist training in Trauma and Orthopaedics. I was awarded my Certificate of Completion of Training (CCT) by the Yorkshire Deanery in 2018. My clinical expertise includes primary and complex hip and knee arthroplasty, peri-prosthetic fracture fixation, and arthroscopic management of soft-tissue knee injuries.

My trauma experience is underpinned by extensive training in Major Trauma Centres across Yorkshire. I am faculty for the globally recognised AO Trauma Foundation and hold faculty positions with the Orthopaedic Network and Wrightington Education Centre. I also serve as an Objective Structured Clinical Examiner for Leeds University Medical School and the University of Central Lancashire Medical School. From March 2021, I held the roles of Specialty Lead for Trauma and Orthopaedics and Honorary Lecturer with both the University of Central Lancashire and Lancaster University Medical Schools.

My commitment to education has been recognised through the Dr Andrew White Master of Apprentice Teaching Award and a Certificate of Excellence in Education from the North West School of Surgery. Academically, my work has focused on quality assurance and patient safety, with early publications contributing to national changes in operating theatre fire-risk protocols and improvements in radiation protection standards. My most recent research has explored the relationship between patient activation scores and recovery following arthroplasty.

I have led service-improvement initiatives including the establishment of multidisciplinary lower limb arthroplasty meetings and the development of a regional hub-and-spoke model for complex arthroplasty and peri-prosthetic fracture care. As a medical appraiser and behavioural framework lead, I have consistently championed high clinical and professional standards.

Alongside my clinical work, I have a strong interest in the advancement of medical software and the integration of modern technology to streamline clinical efficiency, enhance patient pathways, and support data-driven decision-making. I remain committed to exploring and adopting innovative digital solutions that improve both patient outcomes and service delivery.

Beyond my surgical practice, I served as a Motor Sport Association doctor and founded the local Neighbourhood Watch Scheme during the COVID-19 pandemic, acting as the primary police liaison to support community safety.

I am married with three children and enjoy Wing Chun Kung Fu, cycling, golf, cricket, football, scuba diving (PADI qualified), and motor racing.

Professional Qualifications

FIFA Diploma in Football Medicine	2024
Certificate of Completion of Training (CCT) Yorkshire Deanery, England	2018
Fellowship of Royal College of Surgeons (Trauma & Orthopaedics) Royal College of Surgeons, England	2017
Membership of Royal College of Surgeons Royal College of Surgeons, England	2010
Bachelor of Medicine & Bachelor of Surgery (MBBS) King's College London University, England	2007
Bachelor of Science (BSc): Human Biology King's College London University, England	2002

Current Appointments and Roles

Consultant Trauma and Orthopaedics (Private) Circle Health, The Beardwood Hospital Preston New Road Blackburn BB2 7AE	Nov 2021 – Present
Consultant Trauma and Orthopaedics (Private) Ramsay Health Care, Euxton Hall Hospital Wigan Road Euxton, Chorley PR7 6DY	Mar 2023 – Present
Pulse – Acacium Group 9 Appold Street, London. EC2A 2AP	Feb 2026 – Present

Past Appointments and Roles

Consultant Trauma and Orthopaedics East Lancashire Hospitals NHS Trust Haslingden Road Blackburn BB2 3HH	Aug 2019 – Feb 2026
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Speciality Lead for Trauma and Orthopaedics
University of Central Lancashire
Royal Blackburn Hospital & Burnley General Hospital
Mar 2021 – Feb 2026

Behavioural Framework Lead for Trauma and Orthopaedics
Royal Blackburn Hospital & Burnley General Hospital
Jul 2021 – Feb 2026

Medical Appraiser
Oct 2022 – Feb 2026

Post Certificate of Completion Training Fellowship

Lower limb Arthroplasty Fellow
(Mr Gambhir, Prof Kay, Mr Clayson and Mr Shah,)
Wrightington Hospital
Hall Lane
Appley Bridge
Lancashire
WN6 9EP
Aug 2018 –
Aug 2019

National Training Number in Trauma and Orthopaedic Appointments

Specialist Training Year 8: Lower Limb Orthopaedics
Pinderfield's General Hospital. UK
Apr 2018 – Aug 2018

Specialist Training Year 8: Lower Limb Orthopaedics
Airedale General Hospital. UK
Oct 2017 – Apr 2018

Specialist Training Year 7: Foot and Ankle Orthopaedics
York District Hospital. UK
Apr 2017 – Oct 2017

Specialist Training Year 7: Lower Limb Orthopaedics
Huddersfield Royal Infirmary. UK
Oct 2016 – Apr 2017

Specialist Training Year 6: Spinal Orthopaedics
Leeds General Infirmary. UK
Apr 2016 – Oct 2016

Specialist Training Year 6: Hand Orthopaedics
Hull Royal Infirmary. UK
Oct 2015 – Apr 2016

Specialist Training Year 5: Hip Orthopaedics Scarborough General Hospital. UK	Oct 2014 – Oct 2015
Specialist Training Year 4: Shoulder Orthopaedics Pinderfield’s General Hospital. UK	Aug 2013 – Oct 2014
Specialist Training Year 3: Paediatrics Orthopaedics Leeds General Infirmary. UK	Aug 2012– Aug 2013
Specialist Training Year 2: Pancreatic Surgery St James’s Hospital. UK	Feb 2012 – Aug 2012
Specialist Training Year 2: Hip Arthroplasty Surgery Pinderfield’s General Hospital. UK	Aug 2011 – Feb 2012
Specialist Training Year 1: Knee Arthroplasty Surgery Harrogate District Hospital. UK	Feb 2011 – Aug 2011
Specialist Training Year 1: Hip Arthroplasty Surgery Harrogate District Hospital. UK	Aug 2010 – Feb 2011
Core Training Year 1:Vascular Surgery Great Western Hospital. UK	Aug 2009 – May 2010
Foundation Year 1 & 2 Worthing and Queen Elizabeth Hospitals. UK	Aug 2007 – Aug 2009

University Degrees

Bachelor of Medicine, Bachelor of Surgery (MBBS) King’s College London University. London. UK	2002-2007
Bachelor of Science, Human Biology (2:1) King’s College London University. London. UK	1999-2002

Prizes and Awards

Certificate of Excellence in Education by North West School of Surgery	2020
JRI Orthopaedics: Acknowledgement of teaching excellence	2018
Dr Andrew White: Master in Apprentice Teaching Award: Worthing Hospital	2008

Teaching Responsibilities

- Honorary Lectured and Speciality Lead for Trauma and Orthopaedics
- AO Global Trauma Foundation Faculty
- Advanced Trauma and Life Support Instructor
- East Lancashire Initiative for Trauma Education (ELITE) Founder & Faculty
- Mentor to Leeds and Hull University Students and junior colleagues
- Organiser of the ST3 Interview course at East Lancashire Hospitals NHS Trust
- OSCE Examiner for medical Students

Faculty on Courses

Wrightington FRCS Viva Course Wrightington, Wigan.	2024
Wrightington FRCS Viva Course Wrightington, Wigan.	2023
AO Basic Principles Course AO Foundation. Leeds	2023
Advanced Trauma Life Support: Instructor Blackburn Royal Hospital, Blackburn.	2023
ELITE: Fracture Course II Burnley, UK	2022
ELITE: Fracture Course I Burnley, UK	2021

Advanced Trauma Life Support: Instructor Salford, Manchester.	2020
Advanced Trauma Life Support: Instructor Blackburn Royal Hospital, Blackburn.	2019
Wrightington FRCS Viva Course Wrightington, Wigan.	2019
Wrightington Periprosthetic Fracture course Wrightington, Wigan.	2019
Teaching Faculty: Orthopaedic Network ST3 Interview Course JRI Factory, Sheffield.	2019
Wrightington Lower Limb FRCS Course Wrightington, Wigan.	2019
Wrightington Lower Limb Arthroplasty Symposium Wrightington, Wigan.	2018
Yorkshire Orthopaedic Basic Surgical Skills Course Pinderfields Hospital, Wakefield.	2018
JRI Hip Hemiarthroplasty Workshop Airedale Hospital, Yorkshire.	2018
Advanced Trauma Life Support: Instructor Pinderfields Hospital, Wakefield.	2018
Teaching Faculty: Orthopaedic Network Mock FRCS Course Northwick Park Hospital, London.	2018
Advanced Trauma Life Support: Instructor Harrogate, Yorkshire.	2018
Teaching Faculty: Pinderfield's Mock FRCS Course Pinderfield's Hospital, Wakefield.	2017
Course Organiser: Orthopaedic Network Mock FRCS Course JRI Factory, Sheffield.	2017
Advanced Trauma Life Support: Instructor Fairfield Hospital, Bury.	2017

Teaching Faculty: Orthopaedic Network ST3 Interview Course JRI Factory, Sheffield.	2017
Teaching Faculty: Foot & Ankle Surgery demonstrator for registrars York District Hospital	2017
Teaching Faculty: Orthopaedic Network ST3 Interview Course JRI Factory, Sheffield.	2016

Management

Chair of Clinical Governance (Ramsay, Euton Hall and Buckshaw Hospitals)	2026
Bridging the gap with the Private Sector	2023
Theatre Utilisation improvement Strategy	2022
Lower Limb MDT and regional MDT set up	2019
Compilation of Patient Assessment and Management Pathways Airedale Hospital	2018
Neighbourhood Watch Regional Organiser	2018
Establishment (and organiser) of the MidYorks Journal Club	2018
General Secretary of the Orthopaedic Network	2017
Course Organiser : Orthopaedic FRCS Mock Viva Course	2017
Quality assurance project on BMI and patient surgery (patient leaflet)	2017
Registrar Captain for the Charity Consultant vs Registrar Cricket Match	2017
Organising Committee for the John Fitton Prize, Yorkshire	2015
Regional Arthroplasty meeting organiser at Scarborough Hospital	2015
Establishment (and organiser) of the Scarborough Journal Club	2015

Research

Deputy Principal Investigator for the S.O.L.A.R.I.O Trial at Wrightington Hospital	2019
On site recruiter for Implant Retrieval Study for the University of Leeds	2019

Publications

Blong J, Hoggett L, Robinson H, **Bokhari S**, and Sloan A (2022). Improving Patient Activation Measure in lower limb arthroplasty: Quantitative assessment of patient activation following a pre operative patients educations programme. *Musculoskeletal Care* 21 (1) pp 143-147

Sadozai Z, **Bokhari S** and Mannan K (2021). Patient perception on fracture healing. *Acta Orthopaedica Belgica* 87e 1, 117-122

Limb R, Sadozai Z, **Bokhari S**, Ng A and Bhamra M (2021). Dual mobility verses unipolar total hip arthroplasty for neck of femur fractures. *Acta Orthopaedica Belgica* 87: 35-39

Bokhari S (2020). *Bokhari's Guide to the Trauma and Orthopaedic FRCS Examination*. Publication through the Orthopaedic Network – Online book

Bokhari S, Aslam-Pervez N, Riaz O, Sadozai Z, Bhamra M, and Harwood P (**2019**). What effect has the major trauma network had on its neighbouring trauma units? *European Journal of Trauma and Emergency Surgery*. PMID 31451862. DOI 10.1007/s00068-019-01206-1

Singh A, Parihar M & **Bokhari S** (2019). The Evaluation of the Radiological and Functional Outcome of Distraction Osteogenesis in Patients with Infected Gap Non-unions of Tibia Treated by Bone Transport. *Open Access Maced J Med Sci* 7(4):559-66

Bokhari S, Hadi S, Hossain F & Ketzner B (2018). The outcome of using a Jamshidi biopsy trocar needle in a novel technique for bone grafting in percutaneous internal fixation of Scaphoid non union. *OAMJMS* 6 (3): 506-10

BOTA Collaborators (incl. **Bokhari S**) & Rashid M (2018). An audit of clinical training exposure amongst junior doctors working in Trauma & Orthopaedic Surgery in 101 hospitals in the United Kingdom. *BMC Medical Education* Vol 18 (1).

Bokhari S, Bleibleh S, Hashim S & Bhamra M (2015). Fire as a Devastating Risk in the Operating Theatre. *OJCA* 7(2)

Bokhari S, Hashim Z, Watkins C, Zarneh A & Bhamra M (2015). Quality of Lead Aprons in the Operating Department – Should we be made responsible for our own lead aprons? *OCJA* 7(3)

Marangoni G, Dickinson K, **Bokhari S**, Hakeem A, Hamady Z, Storey R, Morris-Stiff G & Smith AM (2012). OC-110 Single center experience of groove pancreatitis. *Gut* 61: A48

Sajid MS, **Bokhari SA**, Mallick AS, Cheek E & Baig MK (2009). Laparoscopic verses open repair of incisional/ventral hernia: a meta analysis. *Am J Surg* 197(1): pp64-72

Sajid MS, Mallick AS, Rimpel, **Bokhari SA**, Cheek E & Baig MK (2008). Effect of heated and humidified carbon dioxide on patients after laproscopic procedures: a meta-analysis. *Surg Laparosc Endosc Percutan Tech* 18(6): pp539-46

Chan C & **Bokhari S**. Clinical / Management Chapter in Logan A, Fischer A. *Core Surgery Interview: Practice Questions For Core Surgical Interviews* . London: MD+ Publishing. 2016

Presentations

Lecturer for Univ. Central Lancashire	Current
Life as a Trauma and Orthopaedic Surgeon	2022
Motor Sport and Medicine : Preston Hospital	2021
Total Hip Replacements in post-traumatic conditions: Wrightington	2019
The management of acetabular bone defects: Wrightington	2019
The Traumatic Knee Dislocation: Regional Registrar Teaching. Huddersfield	2017
The High Fibular Fracture Fixation Conundrum: Ridings Meeting. Scarborough	2015
Motivation Talk at Beal High Secondary School: Journey into Medicine. London	2015
National Association of Healthcare Fire Officers. What have we learnt a year on?	2014
Approaches to the Midshaft Humerus Fracture: Regional Registrar Teaching. Wakefield	2014
Poster Presentation: 21 st SICOT Trainees Meeting. London	2014
Why Choose a surgical speciality: Fifth Year Medical Students. Leeds	2013
National Association of Healthcare Fire Officers. Dudley	2013
An Unusual Presentation of Compartment Syndrome: Holdsworth Meeting. Harrogate	2012
Life as a medical student and transition into a foundation doctor: King's College London	2008

Computer and Information Technology Skills

In addition to my clinical and academic work, I have maintained a longstanding interest in technology and its application within modern healthcare. Having pursued A-Level studies in Computer Science and Technology, I have continued to integrate digital innovation into my surgical practice.

This early foundation has enabled me to introduce simulation-based training into the university curriculum and to champion the use of advanced software to enhance surgical planning and education.

I am actively collaborating with a medical technology company to incorporate artificial intelligence and augmented reality into orthopaedic practice, with the aim of improving precision, efficiency, and patient outcomes.

I am a member of Computer Aided Orthopaedic Surgery (CAOS) UK and am proficient in the use of TraumaCAD for pre-operative optimisation and templating of complex cases.

My broader focus is on driving technological evolution within orthopaedics to ensure sustainable, efficient, and forward-thinking models of care for our patients.

Personal Interests

Outside of work, I am involved in various activities that I am passionate about. I enjoy walking and cycling with my family in the Yorkshire Dales and Peak Districts.

I am a dedicated footballer and play for my local team. Additionally, I have played cricket at a high level and currently represent my local village team. I have even represented the District in Cricket.

Golf is another sport that I enjoy playing to a good standard, and I am always looking to improve my game.

I practice Wing Chun Kung Fu and have achieved a level of Green II in my training.

During the summer months, I indulge in scuba diving (PADI certified) and racing my go-kart and racing car on a closed racing circuit. Lastly, I hold a motorcycle license and have previously raced motorcycles prior to taking to racing cars.

Referees

Mr. Saif Hadi

Consultant Trauma & Orthopaedic Surgeon

East Lancashire Hospitals NHS Trust

Haslingden Road. Blackburn. BB2 3HH

Email: saif.hadi@elht.nhs.uk

Mr. Yosef Hamed

Consultant Trauma & Orthopaedic Surgeon

East Lancashire Hospitals NHS Trust

Haslingden Road. Blackburn. BB2 3HH

Email: yosef.hamed@elht.nhs.uk

Mrs. Sarah Swift

Medical Secretary

East Lancashire Hospitals NHS Trust

Haslingden Road. Blackburn. BB2 3HH

Email: sarah.swift@elht.nhs.uk